



Mountain Gate

Primary School

Canteen Menu for Students - 2016



Fresh Sandwiches Price

Vegemite	\$2.00
Cheese	\$2.50
Cheese & Tomato	\$2.70
Roast Skinless Chicken	\$3.50
Salad & Ham or Chicken or Tuna	\$4.50
Ham & Cheese	\$3.20
Ham, Cheese & Tomato	\$3.50
Ham or Tuna with Mayo	\$3.00
Salad (lettuce, cucumber, carrot, tomato)	\$3.50
Beetroot & Cheese optional add extra	each 0.40c
Roll or Wrap extra	0.60c

Hot Food Price

Homemade Fried Rice	\$4.00
Spaghetti Bolognese	\$4.00
Beef Lasagne	\$4.00
Macaroni Cheese	\$4.00
Chicken Burger with Lettuce & Mayo	\$4.00
Beef Burger with Tomato, Lettuce & Cheese	\$4.20
Sweet Chilli Tender Wrap with Lettuce & Mayo	\$4.00
Roast Chicken Wrap with Lettuce & Mayo	\$4.00
Hawaiian wrap with Ham, Cheese & Pineapple	\$4.00
Sweet Chilli Tenders	\$1.60
Hot Roast Chicken Roll with Mayo	\$4.00
Hot Cheese Roll	\$3.00
Chicken or Beef Noodle Cup	\$3.00
Baked Potato Wedges with Chicken Salt	\$3.70
Corn Cobs	\$1.00
Steamed Dim Sims with soy sauce	0.90c
Margarita Pizza	\$3.50
Hawaiian Pizza	\$3.50
Pizza Sub	\$1.00

Toasted Sandwiches Price

Cheese	\$3.00
Cheese & Vegemite	\$3.20
Cheese & Tomato	\$3.20
Ham & Cheese	\$3.70

Frozen Treats Price

Paddle Pop (chocolate or rainbow)	\$1.50
Slush Puppie	\$2.00
Slush Puppie & Sour	\$2.20
Ice Cream Cup	\$1.20
Juice Cup	\$1.00
Icy Pole Twist	\$1.30
Mini Calippo (raspberry)	\$1.20
Moosies (blue moon or chocolate)	\$1.50
Frozen Yoghurt Cup (strawberry)	\$1.50
Quech Fruit Stick	0.90c
Pineapple Ring	0.50c

Drinks Price

Hot Chocolate	\$2.00
Just Juice (apple, orange or apple & blackcurrant)	\$1.80
Focus Sport Water (blackcurrant or raspberry)	\$2.20
Big M (chocolate or strawberry)	\$2.20
Quench Flavoured Water	\$2.20

Snacks Price

Homemade Chocolate Truffle Ball	0.50c
JJ's Snacks (chicken, pizza or salt & vinegar)	\$1.30
Popcorn (butter or salt & vinegar)	\$1.30
Homemade Chocolate Muffin	\$1.00
Homemade Giant Cookies	\$1.20
Fruit Salad Jelly	\$1.00
Seasonal Fruit	\$1.00
Lite Apple Pie	\$2.50

Meal Deal 1 - Spaghetti Bolognese or Macaroni Cheese, Choc-Chip Cookie & Just Juice \$6.50
Meal Deal 2 - Margarita/Hawaiian Pizza, Chocolate Muffin & Quench Flavoured Water \$6.00

NOTE TO PARENTS:

- Vouchers will be given for frozen items and noodles to be redeemed at lunch time.
- Don't forget to **add 30c extra for tomato sauce and 20c for a paper bag**
- If your child forgets to bring their lunch a simple sandwich and a small snack will be provided and an invoice will be sent home for payment the following day.
- DO NOT STAPLE LUNCH ORDER BAGS
- Check the newsletter for any specials or meal deals available.

Feel free to come and meet me or talk to me any day between 9.30am - 2.30pm so that I may answer any of your questions.